



# EUROPEAN CITIZENSHIP IN YOUTH WORK

A training course for youth workers on  
European citizenship in youth work

*European Youth Centre Budapest  
19-30 October, 2003*

Draft **Programme** and notes on  
the methodology

## **Sunday, 19 October**

*Arrival of participants*

19:00 *Dinner*

20:30 Welcome informal activities

## **Monday, 20 October**

09:30 OPENING OF THE COURSE, by *Ms Antje Rothemund*, Executive Director of the European Youth Centre Budapest

09:45 PRESENTATION of the participants and trainers

10:00 GETTING TO KNOW EACH OTHER – backgrounds and expectations

11:30 INTRODUCTION TO THE framework, objectives, programme and methodology of the training course

12:15 PRACTICAL and administrative information

12:45 *Lunch*

14:30 DEMOCRACY AND CITIZENSHIP – introduction to key concepts and working definitions, by Prof. César Birzea<sup>1</sup>, Institute of Educational Sciences of Bucharest

15:30 Questions and answers

16:00 *Break*

16:30 Working groups on the meaning and practice of Citizenship and Democracy

17:45 Reports of the working groups

18:15 Introduction to REFLECTION GROUPS

19:00 *Dinner*

20:30 OPENING NIGHT OF THE CITIZEN KAFÉ

## **Tuesday, 21 October**

09:30 OPENING and programme of the day

09:45 EXPLORING PARTICIPATION, a condition for Citizenship (?)

10:45 *Break*

11:15 KEYS TO AND FORMS of participation

13:00 *Lunch*

14:30 CONCEPTS AND PRACTICE OF PARTICIPATION in youth work  
- Individual and group work

16:00 *Break*

17:30 REPORTS and conclusions of the groups

18:15 INTRODUCTION to the logbooks

19:00 *Dinner*

21:30 Citizen Kafé: INTRODUCING THE PARTICIPANTS ORGANISATIONS

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<sup>1</sup> All speakers and resource persons are subject to confirmation

### Wednesday, 22 October

- 09:30 OPENING and programme of the day
- 09:45 UNDERSTANDING Young people across Europe, with Prof. Lynne Chisholm (CEDEFOP)
- 10:45 *Break*
- 11:00 KEY concepts and principles of non-formal education relevant for youth work (introduction)
- 11:30 Working groups on the key issues raised by Prof. Chisholm and preparation of project visits
- 12:45 *Lunch*
- 14:00 FIELD VISITS to youth work projects in Budapest
- 17:00 Evaluation of the field visits and preparation of quality criteria for participatory youth projects (in the working groups).
- 19:00 *Dinner*
- 21:00 CITIZEN KAFÉ

### Thursday, 23 October

- 09:30 OPENING and programme of the day
- 09:45 PRESENTATION AND DISCUSSION of the quality criteria identified by the groups
- 10:45 *Break*
- 11:05 THE ROLE OF THE YOUTH WORKER in relation to the promotion of participation and citizenship of young people
- 12:45 *Lunch*
- 14:30 WORKSHOPS ON SKILLS AND COMPETENCIES OF youth workers in relation to Participation and citizenship:  
- Motivating and involving young people  
- Leadership  
- Inclusion  
- Cooperative learning
- 18:15 Reflection Groups
- 19:00 *Dinner*
- 21:00 CITIZEN KAFÉ

### Friday, 24 October

- 09:30 OPENING and programme of the day
- 09:45 MULTICULTURALITY IN EUROPE: realities, characteristics and challenges
- 11:00 *Break*
- 11:20 WORK on multiculturalism and European identity
- 12:45 *Lunch*
- 14:30 INTERCULTURAL LEARNING: principles and dimensions for youth work in multicultural settings
- 16:00 *Break*
- 16:30 COMPETENCIES AND ATTITUDES of youth workers relevant for intercultural learning

18:00 MID-TERM evaluation

19:30 *Dinner in town*

### **Saturday, 25 October**

*Free day*

### **Sunday, 26 October**

09:30 OPENING and programme of the day

09:45 PERCEPTIONS AND VISIONS of Europe

11:00 *Break*

11:20 HUMAN RIGHTS, VALUES and Principles for the construction of Europe

12:45 *Lunch*

14:30 Human rights instruments and mechanisms

16:00 *Break*

16:15 HUMAN RIGHTS EDUCATION as a contribution to a culture to human rights and to citizenship education

18:00 Reflection groups

19:00 *Dinner*

21:00 CITIZEN'S KAFÉ

### **Monday, 27 October**

09:30 OPENING and programme of the day

09:45 EUROPEAN INSTITUTIONS: history and function of the Council of Europe and European Union, with Ms Alison Weston, European University Institute

11:15 *Break*

11:35 FORMAL CITIZENSHIP RIGHTS guaranteed by the European institutions and foreseen in the European Constitution

12:45 *Lunch*

14:30 UNDERSTANDING YOUTH POLICIES IN EUROPE, by Mr Peter Lauritzen, Directorate of Youth and Sport of the Council of Europe

15:30 THE WHITE PAPER ON YOUTH, introduction by Mr Artur Payer, Youth Unit of the European Commission

16:15 *Break*

16:30 WORKING GROUPS on the relation between youth policy and youth work

18:00 PROJECT DEVELOPMENT

19:00 *Dinner*

21:00 CITIZEN'S KAFÉ

## **Tuesday, 28 October**

- 09:30 OPENING and programme of the day  
09:45 INTRODUCTION TO THE YOUTH programmes of the Council of Europe and European Union  
10:45 *Break*  
11:15 WORKSHOPS on key criteria, application procedures and decision-making processes within the European Youth Foundation and the Youth programme.  
12:45 *Lunch*  
14:30 PLANNING the follow-up projects  
18:00 FINALISATION of the follow-up projects  
19:00 *Dinner*  
21:00 CITIZEN'S KAFÉ

## **Wednesday, 29 October**

- 09:30 OPENING and programme of the day  
09:45 PRESENTATION OF THE FOLLOW-UP PROJECTS and plans  
10:45 *Break*  
11:15 WORKING GROUPS on European Citizenship  
- Meanings and conclusions  
- Issues for further development  
12:45 *Lunch*  
14:30 PRESENTATION OF CONCLUSIONS of the working groups  
15:30 *Break*  
16:00 EVALUATION of the training course  
18:15 CLOSING of the training course  
19:00 *Dinner*  
21:00 FAREWELL to the Citizen's Kafé

## **Thursday, 30 October**

*Departure of participants*

# Aims and objectives

## of the course

*“THE LEARNING OBJECTIVE for any training course on European citizenship should be to develop a sense of space and place in contemporary Europe, the skills required to be active agents for change and development, and the knowledge required to make informed choices within this context.”<sup>2</sup>*

THE AIM OF THIS PILOT COURSE is to support the professional development of youth workers and youth leaders by extending their competencies to integrate European citizenship within their projects and practice.

The following OBJECTIVES have been set in order to reach the aims as described above:

- a) To extend the participants’ knowledge and understanding of Europe, citizenship and young people in Europe;
- b) To reflect upon and to address key values related to European citizenship, such as human rights, democracy, participation, solidarity, respect and appreciation of cultural diversity;
- c) To critically and creatively reflect about the role and relevance of Europe and European citizenship for young people and for youth work today at local and European level;
- d) To explore the principles of non formal education and their relevance in youth work for European citizenship;
- e) To further develop the participants’ competencies to reflect about intercultural learning and multicultural society and how to translate them into youth work practice;
- f) To become acquainted with the historical role and get an insight of present function and development of the European institutions, notably the Council of Europe and the European Union;
- g) To enable participants to understand European youth policies and their relation to youth work realities (e.g. the White Paper process);
- h) To increase the participants’ professional competence to develop ways of working with young people aiming at empowering them and raising their own understanding and practice of European citizenship;
- i) To equip the participants with the knowledge and competence necessary to make use of existing funding mechanisms and programmes for young people and the decision-making structures associated to them;
- j) To gather experiences and elements for the further development of training on European citizenship in youth work;
- k) To motivate and support participants to act as multipliers in promoting European citizenship in youth work.

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<sup>2</sup> Curriculum and Quality Development Group Report

# Methodology of the course (notes on)

The course programme is based on the PRINCIPLES AND PRACTISE OF NON-FORMAL EDUCATION in youth worker and youth leader training, as they have been developed and implemented at the European Youth Centres as well as in other training contexts. In conjunction with the topic of the course – European citizenship – this determines that the learning process will:

- be based on the intrinsic MOTIVATION OF THE LEARNER;
- generally NOT IMPLY THE CONTROL of individual learning achievement;
- be LEARNER-CENTRED and based on the experiences of participants;
- be based on a PERSONAL responsibility for learning, supported by a strong GROUP dimension and a COLLECTIVE approach;
- enable participants to APPLY AND TRANSFER what they learned to their youth work practise;
- take into account the NEEDS AND MOTIVATIONS of participants and be open to regular feed-back and evaluations;
- be thoroughly EVALUATED AND DOCUMENTED to gain a maximum multiplying effect.

In line with these guidelines, some of contents and methods in the draft programme may change and be adapted to the group.

## **Projects**

One of the expected outcomes of the course is the project that participants are expected to identify and develop during the course – individually or in partnership with other participants – and to IMPLEMENT AFTER THE COURSE. The projects can take multiple forms but should have one common aim: to follow-up the course by introducing European citizenship within the youth work projects of participants. This can be in the form of new projects (e.g. a multilateral youth exchange or a youth initiative), in developing existing projects (e.g. introducing a European dimension to a local citizenship project) or to introduce changes to the existing practices of the organisation or youth work context (e.g. reforming decision-making structures, adopting inclusion strategies, etc.). The projects should be based on existing needs and integrate new dimensions acquired during the course.

The team of trainers – and the resource persons invited – will provide educational support for the development of the project ideas and for the planning of the projects. Furthermore, a post-course support scheme will be set up for six months after the course to provide support and guidance to participants in their implementation of the follow-up projects.

A follow-up and evaluation seminar is foreseen to be held in September 2004 to evaluate the follow-up projects and consolidate the learning process.

## **Participants**

Participants are expected to play the major role in the programme implementation. Please refer to the document PARTICIPANTS PREPARATION for individual preparations prior to the course.